

*JOIN US FOR M.E.O.W. MEETINGS!!!!
(Machine Embroidery of Oregon and Washington)*

BEGINNING MACHINE EMBROIDERY

- SUPPLIES TO BRING TO OUR GATHERINGS:
 1. Sewing machine, cleaned and oiled, in good working order. Plus all machine accessories and machine manual.
 2. Sewing machine needles (75/11, 80/12, 90/14 and also try Schmetz Machine Embroidery Needles).
 3. Assorted thread colors of DMC or Mettler 50 weight machine embroidery thread, Sulky, Rayons, Madeira (at least two (2) different Greens; three (3) shades of any one color or your choice of a light, a medium and a dark).
 4. Two (2) bobbins prewound with white Sew-Bob Bobbin Thread. Dew-Bob is a light weight thread or fine lingere thread will work.
 5. Four (4) empty bobbins.
 6. Sewing Machine Feet: Embroidery foot (Bernina #20), Free Motion Darning Foot (#24) other feet are optional (if there is no free-motion foot available for your machine you may be able to use a Spring Needle)
 7. **Machine Embroidery (Stitches and Techniques Instruction Workbook** by Mary Ray Osmus (\$24.95 plus shipping)
 8. Washout and disappearing Fabric Markers and a Permanent Marker for marking on water soluble stabilizers.
 9. *Sharp Fabric scissors, and a *Seam Ripper. A small scissor – Embroidery size are helpful also.
 10. The book, **Thread Painting** by Joyce Drexler is a good basic book
 11. The book, **Free Machine Embroidery** by Doreen Curran.
 12. Four (4) 12” Square pieces of fabric: Muslin, Weaver’s Cloth or other tightly woven fabric (to make samples and good for practice)
 13. Stabilizers: *Tear-Away or *Press and Tear or *Stitch and Tear or Easy Stitch or *Rinse Away or Typing paper or Freezer paper, Plus *Solvay Water Soluble Stabilizer.
 14. Machine Embroidery Hoops 6”, 8” and 10” (Wooden Hoops can be found at Pacific Fabrics in Puyallup). The inner ring needs to be wrapped in twill tape.
 15. A sturdy screwdriver to tighten hoop.
 16. Straight Pins.

These supplies will help you be prepared for most MEOW sewing sessions. Your monthly meetings notes will tell you of any additional supplies necessary. This list is just a suggestion and **not** a requirement.